

## Meet The Pages at 'Eavesdropping' book launch/panel discussion

Susan Opasik, a member of the Treasure Coast community. This story is neither endorsed by nor affiliated with this site.

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STUART — Dr. Kendra Brown and The Pages will introduce their book, 'Eavesdropping: As Real Women Talk About the Gifts and Challenges of Aging,' Oct. 22 from 6 p.m. to 8 p.m. in the John F. Armstrong Wing of the Blake Library, 2351 SE Monterey Rd. in Stuart. The event is free and open to the public.

A group of women including psychologist Kendra T. Brown, Ph.D., met over a span of three years to examine common issues.

The result of these get-togethers is a readable, fun guide to reinventing oneself throughout life, even in retirement years, with chapter titles such as "When Did I Stop Dancing?," "Creating a Village," and "You Never Know Where Sex Will Take You."

"Eavesdropping" also has thought-provoking and useful sections on writing an ethical will, safekeeping personal records, suggested books, and advice on starting your own group.

Meet these adventurous "Pages" and author Brown in a lively panel discussion facilitated by Edie Donohue, Ph.D. Books will be available for sale and signing.

Brown is a psychologist in Stuart. She was formerly a teacher

and human resources director. She has lectured, taught and written in the fields of psychology, sports enhancement, human resources, and hypnosis.

Edith M. Donohue, Ph.D., is a human resources professional who teaches, writes and offers career guidance services to individuals and organizations. She was selected as the Martin County Woman of Distinction in the Business Professional category in 1999. She is the co-author of "Life After Layoff: Six Proven Courses of Action."

For more information or to learn more about the Martin County Library System, call 772 221-1403, pick up a Library Connection at any Martin County library, or visit the library website at <http://www.library.martin.fl.us>.

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